

YOGA SUNDAY

Crystal from Wise Roots Yoga
will help you Find Your Weekend
in the most relaxing way!

4th Sunday of the month

10:45am-11:45am

January 28th

July 28th

February 25th

August 25th

March 24th

September 22nd

April 28th

October 27th

May 26th

November 24th

June 23rd

December 22nd

\$20



Includes any
beverage of choice

Weekend

All levels welcome
Please BYO mat

